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FOR IMMEDIATE RELEASE

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Pedal Away Prostate Cancer

It's a bike race and more!

August 12, 2015.....There's something for everyone at the 7th annual *Pedal Away Prostate Cancer* Bike Race and Health Fair. Registration for the 25 mile competitive race opens at 8:00 a.m. and the race starts promptly at 9:30 a.m. It will be held on Saturday, September 19, 2015 at Eden Hill Medical Center which is located at 200 Banning Street in Dover.

This 25-mile electronically timed bike race was founded by Michael Zaragoza, MD to help increase awareness of prostate cancer. "We wanted to do something fun and engaging to get people talking about prostate cancer," Dr. Zaragoza explains. "Many of us have family or friends with prostate cancer. This event is a great way for people to show their support."

Prostate cancer is the most frequently diagnosed cancer among adult males in Delaware. Delaware's level of cancer incidence is significantly higher than the national average.

The annual event is sponsored by the Delaware Prostate Cancer Coalition (DPCC), and raises funds that support free community prostate screening programs and educational outreach. Rafael Zaragoza, MD, formerly of Urology Associates of Dover, was instrumental in starting the coalition with like-minded community members including his son, Michael Zaragoza, MD, also of Urology Associates of Dover. DPCC was founded in 2011.

The bike event is open to cyclists of all abilities, with prizes for top finishers. There are separate start times for competitive and non-competitive cyclists. The race also serves as the 40K race for the Delaware Senior Olympics (DSO).

Even if you've forgotten how to ride a bicycle, there's plenty for you to do! A "Go Blue" Men's Health fair will be held from 9:30 a.m. until 12 noon at the finish site. Free PSA vouchers and prostate cancer screening registrations are available. The event includes healthcare vendors, local vendors, food, beer and wine sampling and free massages.

To learn more or register, visit bikereg.com and search for "Pedal Away Prostate Cancer."

Photos from the 2014 Pedal Away Prostate Cancer event.